

Nancy Markham Bugbee, PsyD, MA, MBA, BCC

Institute for Life & Care

7935 East Prentice Ave., Suite 111

Greenwood Village, CO 80111

Nmbsg1@aol.com

6715 East Union Ave., Apt. 318

Denver, CO 80237

[303-648-1920](tel:303-648-1920)

AREAS OF EXPERTISE

- Counselor/mentor (Logotherapist) for professionals/leaders in helping/healing professions. Specialty: personal/professional growth and development; resilience-building to balance compassion fatigue, vicarious trauma, burnout; integrative well-being in any season of life.
- Co-Founder of the Institute for Life & Care in 2007 serving as CEO/Board President/Senior Faculty. Recruited, trained, developed, supervised faculty and staff.
- Clinical Pastoral Education guide/mentor.
- Board Certified Clinical Chaplain/Director of Spiritual Care/Spiritual Care for hospital patients, families and staff. Trained and supervised lay volunteers.
- Author/program developer of *THRIVING FROM WITHIN®: A Blueprint for Living with Meaning and Purpose*. (Meaning-centered, Integrative well-being for multiple uses).
- Co-Author of *Story Catchers* (a non-clinical workbook derivative of TFW).
- Program developer for Engaged Eldering (training for intergenerational care/companionship).
- Personality theories: Enneagram; Myers-Briggs Type Indicator; Highly Sensitive Persons (HSP).
- Spiritual director (private practice).
- Christian Church (Disciples of Christ) Clergy licensure for Chaplaincy.
- Management Consultant, Ernst & Young, Boston.
- Higher education positions in public affairs and career placement, Boston.
- Board of Directors member of the Tennyson Center for Children, St. Mary's Academy and Creative Growth Ministries, Denver.
- Co-author of *Two-Tier Partnerships and Other Alternatives* (ABA).

Nancy Markham Bugbee, PsyD, MA, MBA, BCC (cont.)

GRADUATE EDUCATION

- PsyD-Pastoral Logotherapy, Graduate Theological Foundation, OKC.
- 4 units Clinical Pastoral Education/ 2 supervisory, Foy Richey, Supervisor, Rocky Mountain Institute for Education and Training, Denver.
- Board Certification by the College of Pastoral Supervision and Psychotherapy as well as the Center for Spiritual Care and Pastoral Formation (now part of the Spiritual Care Association).
- Thirteen, and counting, professional development seminars at: Princeton Theological Seminary; Duke University School of Medicine (research); Andover Newton Theological School; Viktor Frankl World Congress; Life Quality Institute; Critical Incident Stress Management; Coaching Institute.
- MA, Spiritual Formation, Regis University, Denver.
- Graduate of Spiritual Direction training, Vincentian Studies Institute, Denver.
- MBA, Simmons College Graduate School of Management, Boston.

PERSONAL

- Signature Strengths: Emotional/relational IQ; discerning the best in others; empathic, compassionate guidance/presence; life-long learning; encouragement; creativity/innovation.
- Enneagram type: One; MBTI type: INFJ.
- Boston native living in Denver for 35 years.
- Love of learning and growing, music, art, animals, biographies, contemplative practices, celebrating life.
- Mother of three (one daughter deceased).
- Life-long member of United Church of Christ.
- Devoted relationship with Divine love.